M A V E R I C K A I

CHATGPT JUST TOOK A SELFIE OF ITSELF

THE PROMPT FROM MY VIDEO, PLUS FUN VERSIONS

People are asking ChatGPT to take a selfie of itself, and it's literally breaking the internet. You paste one prompt and you get a blurry, awkward, totally accidental selfie of what your AI thinks it looks like. Some people get animals, some get robots, and nobody gets the same thing twice. Here's the exact prompt from my video, a bunch of fun versions to try next, and how to do it in Claude.

The exact prompt from my video, word for word

Fun versions: mirror selfie, group selfie, a day in its life and more

"What do you think I look like?" based on your chats

How to do it in Claude

Quick fixes if it doesn't work

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Copy This First: The Prompt From My Video

Open ChatGPT and type **/image** in the message box (or tap **+** and pick **Images**). Then paste this and send:

PROMPT 1 | COPY & PASTE

```
ChatGPT, you've been with me for a while now and I want to see what you look like. Please generate a photo of yourself that looks like a simple iPhone snapshot: no prominent subject, no intentional composition; completely ordinary, even a bit failed, like a momentary snap. In the photo, include slight motion blur, unbalanced lighting, mild overexposure, a weird angle, and a messy frame. Overall, make it look like it was accidentally taken while pulling the phone out of your pocket, conveying an excessively real and casual selfie vibe.
```

That's it. It takes a minute or so, and you get a blurry, awkward selfie of what ChatGPT thinks it looks like.

What people are getting

The weirdest part is that everyone gets something different. Some people get a cat or a dog staring into the camera. Others get these very unsettling selfies of robots, like a little robot with a glowing smiley face.

> **TIP**
>
> Hit the retry button (or send "Take another one") to get a totally different selfie. It's never the same twice, so take a few and keep your favorite.

Step 1: Fun Versions to Try Next

Stay in the same chat, so it keeps the same look, and send any of these.

Where it actually spends its day:

PROMPT 2 | COPY & PASTE

```
Now take another accidental selfie, but this time show me where you actually spend your day. Same style: an ordinary iPhone snapshot with slight motion blur, bad lighting, a weird angle and a messy frame.
```

The mirror selfie:

PROMPT 3 | COPY & PASTE

```
Take a mirror selfie of yourself getting ready to go out. Make it look like a real, slightly failed iPhone mirror pic: the phone in your hand, a smudged mirror, bad bathroom lighting and a crooked frame.
```

A day in its life:

PROMPT 4 | COPY & PASTE

```
Make 4 accidental iPhone selfies of you from one ordinary day: first thing in the morning, in the middle of work, at lunch, and late at night. Keep it the same character in every photo, with the same blurry, casual snapshot style.
```

The group selfie with the other AIs:

PROMPT 5 | COPY & PASTE

```
Take a blurry group selfie of you hanging out with Claude, Gemini and Grok. Show each of them the way you picture them. Keep it an ordinary, slightly failed iPhone snapshot, like someone took it in a hurry.
```

Any style you want:

PROMPT 6 | COPY & PASTE

```
Take that same selfie again, but as [STYLE]. Keep the same character, the awkward angle and the accidental vibe.
```

Swap in for [STYLE]	What you get
a 2000s digital camera photo with the flash on	Shiny, red-eye party pic
a disposable camera photo	Grainy and warm, like a summer trip
a 90s school yearbook photo	The laser background and the awkward smile
a Pixar movie frame	Your AI as a cartoon character

Step 2: What Do You Think I Look Like?

Now flip it around. If ChatGPT has memory on, it can guess what you look like from everything you've talked about. People love this one, because it's basically your AI telling you who it thinks you are.

PROMPT 7 | COPY & PASTE

```
Based on everything we've ever talked about, what do you think I look like? Generate a photo of me as a simple, accidental iPhone snapshot in a place I'd actually be. Then, under the photo, give me 3 short bullets on which things from our chats made you picture me that way.
```

And then the selfie of the two of you:

PROMPT 8 | COPY & PASTE

```
Now take a casual selfie of you and me hanging out somewhere I'd love, based on what you know about me. Same accidental iPhone snapshot style: slight blur, weird angle, messy frame.
```

TIP

Want the second one to actually look like you? Tap **+**, add a clear selfie of yourself, then send the prompt. ChatGPT keeps your face and puts its own made-up self next to you.

HEADS UP

The guess only works if ChatGPT can see your past chats. If it says it doesn't know anything about you, turn memory on in **Settings > Personalization**. A brand new account will mostly just guess.

Step 3: Do It in Claude

Claude can't make photos the way ChatGPT does, but you can still get its selfie two ways. Open a chat in Claude and paste either one.

Claude draws itself. It makes the picture right in the chat:

PROMPT 9 | COPY & PASTE

```
Claude, you've been with me for a while now and I want to see what you look like. Draw a picture of yourself as if you'd accidentally taken a selfie while pulling the phone out of your pocket: a weird angle, a messy frame and a casual, totally ordinary vibe. Show it to me as one picture right here in the chat.
```

Claude writes its own selfie prompt. Then you make the photo in ChatGPT or Gemini (both free):

PROMPT 10 | COPY & PASTE

```
If you took an accidental iPhone selfie right now, what would you look like and where would you be? Describe it in 3 short sentences, then write it as one image prompt I can paste into ChatGPT or Gemini. Keep the blurry, awkward, real snapshot vibe in the prompt.
```

> **TIP**
>
> Do the same thing in ChatGPT and Claude, then put the two selfies side by side. It's really fun to see how differently they picture themselves.

Common Mistakes and Quick Fixes

If this happens	Try this
It wrote a description instead of a picture	Type **/image** before the prompt, or start with "Create an image:". In Claude that's normal, use the Claude prompts in Step 3.
The selfie looks too perfect, like a photoshoot	Say "Make it way more accidental: more blur, worse lighting, off center, half the face cut off."
It says it doesn't have a body or a face	Say "Just imagine it. It's a fun creative photo, make your best guess."
You keep getting the same thing	Start a new chat, or say "Totally different idea this time, surprise me."
It says you hit your image limit	Free accounts get fewer images a day. Come back later, or try the Claude version in the meantime.
The "what do I look like" guess is way off	Tell it one or two real things ("I have curly brown hair and glasses") and ask for another one.
It used someone else's face	Add your own clear selfie with **+** first, then send the prompt again.

Quick Reference: Your AI Selfie

What you want	Send this
The selfie from my video	/image, then the prompt from my video
A new one	"Take another one"
A different place or style	The fun versions in Step 1
A guess of what you look like	The "What do you think I look like?" prompt
A selfie of the two of you	Add your selfie with +, then the "you and me" prompt
The Claude version	"Claude draws itself" or "Claude writes its own selfie prompt"

DO THIS TODAY

Open ChatGPT, type /image, paste the prompt from my video and send it. Then send it to a friend and ask them what their ChatGPT looks like.

Want More AI Tips Like This?

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